



Deaf Circle

Soul Stir Journeys: Empower Within Yourself

All Free Events are in Sign Language.

2nd Tuesday each month, 6:30-8:00 PM

We come from different backgrounds.

We share a passion for joy, life and empowerment.

How to Make Relationships Work

Tuesday, September 17, 2019

6:30 - 8:00 PM

St. Thomas Deaf Church
(in Grace Episcopal Church)
514 East Argonne Drive
Kirkwood, MO 63122

Relationships give our lives meaning, comfort, happiness . . . and challenges!

Partners, spouses, children, siblings, other family, friends, co-workers, community members, and leadership circles—misunderstandings and conflicts occur in every kind of relationship. Even Cinderella has them with her Prince Charming.

Am I

- tired of arguing, fighting—or worse, avoiding conflict and silently suffering if the other person won't discuss with you?
- wish to resolve misunderstandings and be on the same page with others?
- want a closer, more fulfilling relationship without breakdowns, turmoil and drama?
- Need to know how to start improving a relationship?

Deborah S. Mayer will teach and facilitate a group discussion, "How to Make Relationships Work."

We will explore on how to deal with our needs in relationships and challenges and apply some effective ways to master our communications with important people in our lives.

We will learn how to become more self-aware, express ourselves honestly and respectfully, and act purposefully to make relationships more satisfying.

The session will be a rewarding and transforming experience to help us self-realize who we are, take action and move forward to more meaningful relationships in our lives.

If you are willing to learn and be open in order to grow, this workshop is for you. Come and explore the possibilities with others in an atmosphere of trust and support.

NOTE: You do not have to share your current relationship challenges. You are welcome to listen. If you want to talk in private, let Deborah or Emily know.

You can be on the path to happiness in your relationship!

Deaf Circle Facilitators

Deborah S Mayer
Deaf Certified Life Coach
crossroadsolutionscoach.com

Emily Hillquist Davis
St. Thomas Deaf Church
DeafChurchSTL.org

RSVP: Contact Rev. Emily at revemilyhd@gmail.com or text/talk 314.560.6731

Free Admission. Light snacks.

Donations are appreciated, but your presence is most important.

Deaf Circle programs are sponsored by St. Thomas Deaf Church and in partnership with Crossroad Solutions Coach.

