



DEAF DIABETES SUPPORT GROUP

**Workshop:
Embracing Self Care: Harmony or Chaos?**

**Facilitator: Deborah Mayer
Deaf Life Coach
Crossword Solutions Coach**

**April 16, 2011
1:30 pm – 3:30 pm
at**



DEAF COMMUNITY CENTER

***8764 Manchester Road, Suite #201
Brentwood, MO 63144-2735
("Society for the Blind" building)
(Corner of Brentwood and Manchester Roads)
(Between Schnucks food store and Office Depot)***



**Contact: Jolanda Lawrence (Chairperson)
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